

# RED BUD SENIOR CENTER

1445 West Market ~ Red Bud

Menu Subject To Change

# JULY 2018

Marilyn Langrehr, Site Coordinator

Come Visit Us... We Love Making New Friends!

# RESERVATIONS 282-6333

By 1:00pm The Day Before

Meals Served at 11:15am

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2<sup>nd</sup></p> <p>Swiss Steak with Gravy Whipped Potatoes Three Bean Salad Fruit</p> <p><b>PHASE 10</b> Phases Include Collecting, Runs Of Numbers, Collecting Certain Number Of A Given Color Cards, Etc.</p> 	<p>3<sup>rd</sup></p> <p>Chicken &amp; Dumplings Cole Slaw Carrots Fruit Crisp</p> <p><b>Play Nine</b> Card Game Object: Shoot The Lowest Score</p> 	<p>4<sup>th</sup></p> <p><b>CLOSED</b> 4<sup>TH</sup> of JULY IN OBSERVANCE OF INDEPENDENCE DAY</p> 	<p>5<sup>th</sup></p> <p>Pork Sausage Mashed Potatoes Sauerkraut Biscuit / Milk Gravy Fruit Salad</p> <p><b>Site Council Meeting</b> Roll Call 10:30</p> 	<p>6<sup>th</sup></p> 
<p>9<sup>th</sup></p> <p>Chicken Salad Cucumber Salad Three Bean Salad Angel Food Cake with Strawberries</p> <p><b>Dominoes Day!</b> Each domino contains some number of 'spots' usually from 0 to 6 but up to 18 in some sets</p> 	<p>10<sup>th</sup></p> <p>Barbecue Pork Steak AuGratin Potatoes Baked Beans Fruit</p> <p><b>Birthday Party</b> CELEBRATING JULY Birthdays Music * Cake * Ice Cream</p> 	<p>11<sup>th</sup></p> <p>Oven Fried Chicken Baked Potato California Blend Vegetables Fruit Cobbler</p> <p><b>Playing UNO</b> Who's Got Game? Find Out Today!</p> 	<p>12<sup>th</sup></p> <p>Liver &amp; Onions with Gravy OR Ham Whipped Potatoes Stewed Tomatoes Melon Cup</p> <p><b>Nutrition Education</b> 10:30 By Stephanie from Red Bud Regional Home Care</p> 	<p>13<sup>th</sup></p> 
<p>16<sup>th</sup></p> <p>Barbecue Pork Sandwich Broccoli and Cauliflower Salad Baked Beans Fruit</p> <p><b>FARKLE</b> A Push-Your Luck Game Of Rolling Dice</p> 	<p>17<sup>th</sup></p> <p>Lasagna Garlic Bread Romaine Lettuce Salad Green Beans Fruit</p> <p><b>Bunco</b> KEEP CALM AND BUNCO ON Come And Dice Up Your Life...</p> 	<p>18<sup>th</sup></p> <p>Turkey &amp; Dressing with Gravy Sweet Potatoes Corn Fruit Crisp</p> <p><b>AARP Defensive Driving Course</b> Call 282-6333 To Reserve Your Spot 12:00 to 4:00</p> 	<p>19<sup>th</sup></p> <p>Chicken Alfredo Tossed Lettuce Salad Broccoli Watermelon</p>	<p>20<sup>th</sup></p> 
<p>23<sup>rd</sup></p> <p>Sloppy Joe Sandwich Baked Potato Pickled Beets Apple Crisp</p> <p><b>The Card Game of Golf</b> <b>Play Nine</b> Card Game</p> 	<p>24<sup>th</sup></p> <p>Ham &amp; Beans Cornbread Cole Slaw Carrots Fruit Pie</p> <p><b>PHASE 10</b> Compete To Be The First To Finish Completing All 10 Phases</p> 	<p>25<sup>th</sup></p> <p>Chef Sald with Turkey, Ham, Tomato, Egg and Cheese Kidney Bean Salad Fruit Pie</p> <p><b>Brown Bag Bingo</b></p> 	<p>26<sup>th</sup></p> <p>Barbecue Chicken German Potato Salad Green Bean Casserole Banana Pudding with Bananas</p> <p><b>FARKLE</b> To Play, All You Need Are 6 Dice And A Pencil And Paper</p> 	<p>27<sup>th</sup></p> 
<p>30<sup>th</sup></p> <p>Country Fried Steak with Gravy Whipped Potatoes Creamed Corn Pineapple</p> <p><b>We're Playing Dominoes</b> Gaming Pieces Make Up A Domino Set, Sometimes Called A Deck Or Pack</p> 	<p>31<sup>st</sup></p> <p>Philly Cheesesteak Sandwich Roasted Potatoes Tossed Lettuce Salad Fruit Crisp</p> <p><b>GAMES and CARDS</b></p> 	<p>July 4, 1918</p>  <p>Advice Columnists "Ann Landers" AND "Abigail Van Buren" Born</p>	<p><b>Black-Eyed Susans In Bloom</b></p>  <p><b>Starting Around Saturday, July 21</b></p>	<p>Please Call By 1:00pm The Day Before You Wish To Join Us For Lunch</p>  <p>Suggested Donation: \$4.00 Served At Site \$4.25 Home Delivered</p>

"There's Nothing In This World That Is "Impossible" Because The Word Itself Says 'I'm' 'Possible'..."