





































MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>National Bowling Day</p> <p>We Can Likely Give Credit To The Modern Game Of Bowling To Germany!</p>  <p>Saturday, August 11</p>	<p>How BIG Is A SQUARE OF TOILET TISSUE?</p> <p>The Standard Size Of A Sheet Of Toilet Paper Was Once 4.5" Wide and 4.5" Long, But Now The Size Varies By A Half Inch Or More!</p>  <p>Sunday, August 26 Toilet Paper Day</p>	<p>1st</p> <p>Pork Roast with Gravy Mashed Potatoes Lima Beans Romaine Lettuce Salad Pineapple</p> <p>Bingo 10:00 start time</p> <p>Nutrition Education 11:00 by Stephanie from Red Bud Regional Home Care</p>  <p>Nickel Bingo after lunch</p>	<p>2nd</p> <p>Chicken & Dumplings Tomato and Cucumber Salad Carrots Fruit Crisp</p>  <p>Quilting 8:30 a.m.</p> <p>Chronic Health Conditions Workshop 9:00 to 11:30 Take Charge Of Your Health</p> 	<p>3rd</p> <p>Chopped Steak with Gravy Whipped Potatoes Green Beans Fruit Pie</p>  <p>BINGO starting at 10:00</p> <p>I Play Bingo Like It's My Job!</p>
<p>6th</p> 	<p>7th</p> <p>Chicken Salad Broccoli and Cauliflower Salad Lettuce & Tomato Fruit Pie</p>  <p>Country Rhythm Aces Band</p> <p>~music starts at 10:00~</p>	<p>8th</p> <p>Barbecue Chicken Oven Baked Sweet Potato Wedges Green Bean Casserole Pears</p>  <p>BINGO Time!! 10:00</p> <p>Birthday Party Cake & Ice Cream</p>  <p>5¢ Bingo after lunch</p>	<p>9th</p> <p>Barbecue Pork Steak Baked Potato Baked Beans Fruit Salad</p>  <p>Quilting 8:30 a.m.</p> <p>Take Charge Of Your Health</p> <p>Chronic Health Conditions Workshop 9:00 to 11:30</p> 	<p>10th</p> <p>Liver & Onions with Gravy OR Salisbury Steak Mashed Potatoes Carrots Pineapple and Mandarin Oranges</p>  <p>Time For BINGO 10:00 a.m.</p>
<p>13th</p> <p>11:00 Leave Senior Center</p> <p>Senior Day Out</p>  <p>11:30 Lunch At Chin In Perryville</p> <p>"Center Is Closed"</p>	<p>14th</p> <p>Pork Chop with Gravy Whipped Potatoes Peas & Carrots Fruit Cup</p>  <p>Site Council MEETING Roll Call at 9:30</p> <p>Land Of Lincoln Legal Services</p>  <p>Advise Time: 11:30am</p>	<p>15th</p> <p>Philly Cheesesteak Sandwich Roasted Potatoes Zucchini & Tomatoes Fruit</p> <p>9:00 Sponsored by Manor at Craig Farms</p>  <p>Blood Pressure Check and Blood Sugar Check</p> <p>Sponsor: Manor at Craig Farms 10:00</p>  <p>5¢ BINGO after lunch</p>	<p>16th</p> <p>Turkey & Dressing Sweet Potato Casserole Peas Mixed Fruit Cup</p>  <p>Quilting 8:30 am</p> <p>Take Charge Of Your Health</p> <p>Chronic Health Conditions Workshop 9:00 to 11:30</p>  <p>Wii Bowling Tournament AT SPARTA 1st Frame 12:30</p>	<p>17th</p> <p>Ham & Beans Cornbread Carrots Cole Slaw Apple Pie</p>  <p>Bean Bag TOSS 10:00 a.m.</p> <p>Provided by Maggie from Hospice</p>
<p>20th</p> <p>11:30 Wii Bowling Wrap-Up PARTY</p>  <p>"CENTER IS CLOSED"</p>	<p>21st</p> <p>Chef Salad with Turkey, Ham, Tomato, Egg and Cheese Kidney Bean Salad Angel Food Cake with Strawberries</p>  <p>MUSIC 10:00 with Jesse & Friends</p>	<p>22nd</p> <p>Roast Beef with Gravy Whipped Potatoes Green Beans Peach Crisp</p>  <p>BINGO 10:00</p> <p>Nickel BINGO after lunch</p> 	<p>23rd</p> <p>Fried Chicken Baked Potato Baked Beans Melon</p>  <p>Quilting 8:30 a.m.</p> <p>Chronic Health Conditions Workshop 9:00 to 11:30 Take Charge Of Your Health</p>  <p>HOMEMADE ICE CREAM SOCIAL after lunch</p>	<p>24th</p> <p>Country Fried Steak Mashed Potatoes Corn Biscuit / Gravy Cantaloupe</p>  <p>Big BINGO Be Ready At 10:00</p>
<p>27th</p> 	<p>28th</p> <p>Sloppy Joe Sandwich Texas Barbecue Beans Beet & Onion Salad Fruit Crisp</p>  <p>BINGO starts at 10:00</p> <p>Banana Split Day Enjoy one after lunch</p> 	<p>29th</p> <p>Baked Cod Stewed Tomatoes Macaroni & Cheese Mixed Romaine Salad Fruit Salad</p>  <p>Bingo 9:30am</p> <p>10:00 Presentation Early Signs of Alzheimers by Becky Doiron from Alzheimer's Association</p>  <p>5¢ Bingo after lunch</p>	<p>30th</p> <p>Pork Sausage Mashed Potatoes Lima Beans Biscuit / Milk Gravy Watermelon</p>  <p>QUILTING 8:30 a.m.</p> <p>Chronic Health Conditions Workshop 9:00 to 11:30 Take Charge Of Your Health</p> 	<p>31st</p> <p>Barbecue Riblet German Potato Salad Mama's Beans Peach Cobbler</p>  <p>HAPPINESS IS YELLING "BINGO" STARTS AT 10:00</p>

"It's easy to make a buck. It's a lot tougher to make a difference." ~Tom Brokaw