

Columbia Senior Center February 2019 Reservations 281-7414

411 Palmer Road ~ Columbia






















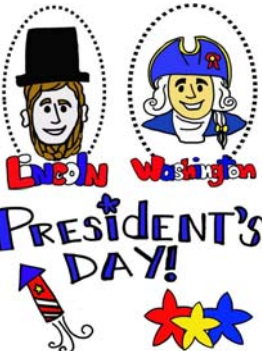

















Anna Dunn, Site Coordinator

By 1:00pm The Day Before

Menu Subject To Change

Come Visit Us...We Love Making New Friends!

Meals Served at 11:15am

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Please Call By 1:00pm The Day Before You Wish To Eat With Us</p>  <p>SUGGESTED DONATION: \$4.00 Served At Site \$4.25 Home Delivered</p>	<p>Westminster DOG SHOW</p>  <p>Held In New York City Annually Since 1877</p> <p>February 11-12</p>	<p>Did You Sign In? Knowing Who Is At Lunch At The Center Is Important. It's Good To Keep Track So If Someone Isn't Here For A Few Days, We Can Contact Them To Make Sure Everything Is Okay!</p> 	 <p>Our Meals Are 1/3 Of The Daily Nutritional Requirement</p>	<p>1st</p> 
<p>4th</p> <p>Chicken & Dumplings Cole Slaw Carrots Apple Walnut Crisp</p>  <p>Exercises with Linda 10:00</p> <p>Nickel Bingo 12:00 Noon</p> 	<p>5th</p> <p>Pork Sausage with Sauerkraut Mashed Potatoes Biscuit / Milk Gravy Fruit</p>  <p>Blood Pressure Screening 10:00 with Phil</p> <p>Mexican Train DOMINOES 12:00 noon</p> 	<p>6th</p> <p>Turkey Sandwich Homemade Chili Broccoli & Cauliflower Salad Fruit Salad</p>  <p>Birthday Party "Music with Pearl"</p> <p>Nickel Bingo Starts at 12:00</p> 	<p>7th</p> <p>Pork Chop with Gravy Whipped Potatoes Green Beans Applesauce</p>  <p>Table Games 10:00am</p> <p>11:15 Spin The Wheel</p>  <p>SKIP BO 12:00</p> 	<p>8th</p> 
<p>11th</p> <p>Chicken Salad Sandwich Vegetable Bean Soup Mixed Romaine Salad Mandarin Oranges and Pineapple</p>  <p>Exercises with Linda 10:00</p> <p>5¢ BINGO starting at 12:00</p> 	<p>12th</p> <p>Roast Beef with Gravy Mashed Potatoes Carrots Fruit Pie</p>  <p>Table Games 10:00</p> <p>Mexican Train DOMINOES 12:00 noon</p> 	<p>13th</p> <p>Baked Cod Fish Macaroni & Cheese Stewed Tomatoes Cole Slaw Fruit</p>  <p>Table Games 10:00</p> <p>NICKEL BINGO Playing Begins at 12:00</p> 	<p>14th</p> <p>Barbecue Pork Steak Baked Sweet Potato Baked Beans Peaches</p>  <p>Valentine's Day PARTY Festivities at 10:00</p> <p>Valentine BINGO 12:00</p> 	<p>15th</p> 
<p>18th</p> <p>SITE CLOSED</p>  <p>PRESIDENT'S DAY!</p>	<p>19th</p> <p>Ham & Beans with Cornbread Tater Tots Cole Slaw Applesauce</p>  <p>10:00 Table Games</p> <p>Mexican Train DOMINOES 12:00 noon</p> 	<p>20th</p> <p>Philly Steak Sandwich Potato Wedges Creamed Corn Fruit</p>  <p>10:00 Table Games</p> <p>11:15 Spin The Wheel</p>  <p>BINGO 5¢ Bingo Be Ready To Start at 12:00</p> 	<p>21st</p> <p>Pork Chop Baked Sweet Potato Baked Beans Peaches</p>  <p>10:00am Table Games</p> <p>SKIP BO 12:00 Noon</p> 	<p>22nd</p> 
<p>25th</p> <p>Chicken Noodle Soup Mixed Romaine Lettuce Broccoli & Cauliflower Salad Fruit Pie</p>  <p>Exercises with Linda 10:00</p> <p>Nickel</p> 	<p>26th</p> <p>Liver & Onions with Gravy OR Bratwurst Mashed Potatoes Black Eyed Peas Fruit Salad</p>  <p>10:00 Table Games</p> <p>Prize Bingo 12:00 with Jaysa from Garden Place</p> 	<p>27th</p> <p>Meatloaf AuGratin Potatoes Carrots Pears</p>  <p>10:00am Table Games</p> <p>Nickel Bingo 12:00 Noon</p> 	<p>28th</p> <p>Oven Fried Chicken Baked Potato Baked Beans Fruit</p>  <p>10:00 Table Games</p> <p>SKIP BO 12:00 Noon</p> 	<p>In Case Of Inclement Weather</p>  <p>Watch Fox 2 TV Channel For Site Closings</p>

It's not make the world go round. Love is what makes the ride worthwhile.