

Columbia Senior Center

411 Palmer Road ~ Columbia

Menu Subject To Change

April 2019
























Anna Dunn, Site Coordinator

Reservations 281-7414

Call By 1:00pm The Day Before

Come Visit Us...We Love Making New Friends!

Meals Served at 11:15am

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
<p>1st</p> <p>Country Fried Steak with Gravy Whipped Potatoes Broccoli Orange & Pineapple Salad</p> <p>Exercises with Linda 10:00</p> <p>NICKEL BINGO 12:00 noon</p> 	<p>2nd</p> <p>Pork Chop with Mushroom Gravy Mashed Potatoes Butter Beans Peach Crisp</p> <p>Blood Pressure Screening 10:00 with Phil</p> <p>Mexican Train DOMINOES 12:00 noon</p> 	<p>3rd</p> <p>Chicken & Dumplings Romaine Lettuce Salad Carrots Fruit Cup</p> <p>Music with Pearl 10:00</p> <p>Birthday Party</p> <p>BINGO Playing for Nickels</p> 	<p>4th</p> <p>Pork Sausage with Sauerkraut Whipped Potatoes Black Eyed Peas Biscuit/Milk Gravy Fruit Pie</p> <p>10:00 am Socialization</p> <p>SKIP BO 12:00 Noon</p> 	<p>5th</p> 		
<p>8th Open Face</p> <p>Chicken Pot Pie Broccoli Cole Slaw Fruit Cobbler</p> <p>Exercises with Linda 10:00</p> <p>5¢ BINGO Playing Begins at 12:00</p> 	<p>9th</p> <p>Barbecue Pork Steak AuGratin Potatoes Barbecue Beans Apricots</p> <p>1/2 Price Meal Courtesy Of First Ntl. Bank Of Waterloo</p> <p>10:00 Table Games</p> <p>DOMINOES starts at 12:00</p> 	<p>10th</p> <p>Turkey & Dressing Sweet Potatoes Peas Fruit</p> <p>Table Games 10:00</p> <p>Spin The Wheel 11:15</p> <p>5¢ Bingo 12:00</p> 	<p>11th</p> <p>Ham & Beans with Cornbread Carrots Cole Slaw Applesauce</p> <p>10:00 am Socialization</p> <p>SKIP BO 12:00 Noon</p> 	<p>12th</p> 		
<p>15th</p> <p>Chicken Salad Sandwich Potato Salad Broccoli & Cauliflower Salad Fruit</p> <p>Exercises with Linda 10:00</p> <p>Prize BINGO! 12:00 with Jaysa from Garden Place</p> 	<p>16th</p> <p>Liver & Onions with Gravy OR Salisbury Steak Mashed Potatoes Carrots Fruit Cobbler</p> <p>10:00am Table Games</p> <p>Mexican Train DOMINOES 12:00 noon</p> 	<p>17th</p> <p>Baked Ham Sweet Potatoes Lima Beans Fruit Cup</p> <p>10:00 am Socialization</p> <p>5¢ Bingo 12:00</p> 	<p>18th</p> <p>Barbecue Chicken Baked Potato Baked Beans Gelatin with Fruit</p> <p>Table Games 10:00am</p> <p>SKIP BO 12:00 Noon</p> 	<p>19th</p> 		
<p>22nd</p> <p>Enchilada Casserole Refried Beans & Rice Romaine Lettuce Salad Fruit Cobbler</p> <p>Exercises with Linda 10:00</p> <p>5¢ Bingo starts at 12:00</p> 	<p>23rd</p> <p>Meatloaf with Gravy Mashed Potatoes Creamed Corn Fruit</p> <p>10:00 am Socialization</p> <p>Mexican Train DOMINOES 12:00 noon</p> 	<p>24th</p> <p>Roast Beef with Gravy Whipped Potatoes Peas Strawberries Angel Food Cake</p> <p>Table Games 10:00am</p> <p>Nickel BINGO 12:00</p> 	<p>25th</p> <p>Chef Salad with Ham, Tomato, Egg & Cheese Garbanzo Beans Fruit</p> <p>10:00 am Socialization</p> <p>SKIP BO 12:00 Noon</p> 	<p>26th</p> 		
<p>29th</p> <p>Beef Stroganoff Green Beans Romaine Lettuce Salad Fruit Crisp</p> <p>Exercises with Linda 10:00</p> <p>Nickel BINGO 12:00 noon</p> 	<p>30th</p> <p>Sloppy Joe Sandwich Tater Tots Baked Beans Banana Pudding with Bananas</p> <p>10:00 am Socialization</p> <p>Mexican Train DOMINOES 12:00 noon</p> 	 <p>Our Meals Are 1/3 Of The Daily Nutritional Requirement</p>	<p>Please Call By 1:00pm The Day Before You Wish Join Us For Lunch</p>  <p>SUGGESTED DONATION</p> <table border="0"> <tr> <td>\$4.00 Served At Site</td> <td>\$4.25 Home Delivered</td> </tr> </table>	\$4.00 Served At Site	\$4.25 Home Delivered	<p>April Is National Humor Month</p> 
\$4.00 Served At Site	\$4.25 Home Delivered					

I don't want to get to the end of my life & find that I have lived just the length of it. I want to have lived the width of it as well.