

Steps to consider as our nation deals with the COVID-19 pandemic.

- **Be Prepared**
  - Clients/employees are encouraged to report diagnosis to public health officials.
  - Seek testing if you are concerned about exposure.
  - Sick individuals should stay home.
  - Conduct enhanced/deep cleaning.
- **Loss of Income: For residents who have lost income/employment:**
  - Residents should file unemployment insurance claims. Governor Pritzker and the Illinois Department of Employment Security (IDES) have announced that the administration will file emergency rules to clarify that people who are unemployed due to COVID-19 can qualify for unemployment benefits to the full extent permitted by federal law.
  - Consider if there are other property based, or local rental assistance programs available.
  - Resident should use local food and utility assistance programs.

Good sources of accurate information include

- [Illinois Department of Public Health](#) (IDPH),
- the federal [Centers for Disease Control](#) (CDC), and
- the [Institute of Real Estate Management](#) (IREM).

Prevention measures

- Wash Hands regularly for at least 20 seconds using soap and water.
- Avoid the touching of eyes, nose, and mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Stay home if you are exhibiting cold or flu-like symptoms.
- Cover mouth and nose with the inside of the arm or with a tissue when coughing or sneezing. Throw the tissue away immediately. Wash hands as soon as possible afterward.

If you suspect you are infected

- The CDC fact sheet [What to Do If You are Sick with Coronavirus Disease](#) addresses steps to take if you are infected, or suspect that you are infected with COVID-19.
- The Illinois Department of Public Health has a **COVID-19 Hotline at 1 (800) 889-3931, or by e-mail at [dph.sick@illinois.gov](mailto:dph.sick@illinois.gov).**